



# MENU ~ SEPTEMBER 2018



Breakfast served from 8:00 am ~ 1:00 pm • Lunch served from 11:00 am ~ 1:00 pm

**The Dining Room is now accepting Debit, Credit, Cash or LSCO Gift Cards**

Non-Members add 15% • Menu subject to change without notice

★ **Sandwich & Salad Special Changes Daily ~ See Menu Board in Dining Room** ★

**Monday, September 3**

**Tuesday, September 4**

**Wednesday, September 5**

**Thursday, September 6**

**Friday, September 7**

**LSCO CLOSED  
for Labour Day**

**Entree:** Beef Stroganoff  
**Potato:** Pappardelle Noodles  
**Soup:** Broccoli & Cheddar

**Entree:** Ham & Cheddar Quiche  
**Potato:** Hash Browns  
**Soup:** Italian Wedding

**Entree:** Lasagne  
**Potato:** Garlic Bun  
**Soup:** Split Pea & Ham

**Entree:** Teriyaki Beef Bowl  
**Potato:** Rice  
**Soup:** Cream of Asparagus

**Monday, September 10**

**Tuesday, September 11**

**Wednesday, September 12**

**Thursday, September 13**

**Friday, September 14**

**Entree:** Baked Tuna Casserole  
**Potato:** White or Whole Wheat Bun  
**Soup:** Tomato Beef & Basil

**Entree:** Fried Chicken  
**Potato:** Mashed with Gravy  
**Soup:** Cream of Carrot

**Entree:** Honey Garlic Pork  
**Potato:** Rice  
**Soup:** Manhattan Clam Chowder

**Entree:** Hot Beef Sandwich  
**Potato:** Roasted with Gravy  
**Soup:** Cream of Cauliflower

**Entree:** Roasted BBQ Chicken  
**Potato:** Mashed with Gravy  
**Soup:** Chicken Rice

**Monday, September 17**

**Tuesday, September 18**

**Wednesday, September 19**

**Thursday, September 20**

**Friday, September 21**

**Entree:** Meatloaf  
**Potato:** Roasted Baby Potato  
**Soup:** Beef Vegetable

**Entree:** Baked Ham Dinner  
**Potato:** Scalloped  
**Soup:** Clam Chowder

**Entree:** Pesto Chicken Alfredo  
**Potato:** Linguini  
**Soup:** Ham & Lentil

**Entree:** Salisbury Steak & Onions  
**Potato:** Roasted Yams  
**Soup:** Cream of Mushroom

**Entree:** Veal Cutlets  
**Potato:** Mashed with Gravy  
**Soup:** Chicken Noodle

**Monday, September 24**

**Tuesday, September 25**

**Wednesday, September 26**

**Thursday, September 27**

**Friday, September 28**

**Entree:** Cabbage Rolls  
**Potato:** Perogies & Onions  
**Soup:** Cream of Broccoli

**Entree:** Cream of Mushroom Chops  
**Potato:** Rice Pilaf  
**Soup:** Loaded Potato Bacon

**Entree:** Beer Battered Cod  
**Potato:** Roasted  
**Soup:** Tomato Vegetable

**Entree:** Shepherd's Pie  
**Potato:**  
**Soup:** Cream of Celery

**Entree:** BBQ Pork Back Ribs  
**Potato:** Mashed with Gravy  
**Soup:** Tomato Beef Tortellini